# The Toasted Yolk Allergen Matrix

Legend: ● Contains | ■ May Contain

## Featured Eggs Benedicts

| Menu Item | Egg | Dairy | Wheat | Soy | Fish | Shellfish | Tree Nuts | Sesame |
|---|---|---|---|---|---|---|---|---|
| Classic Arnold | ● | ● | ● | ■ | - | - | - | - |
| Southern Fried Arnold | ● | ● | ● | ■ | - | - | - | - |
| Southwest Arnold | ● | ● | ● | ■ | - | - | - | ■ |
| Alaskan Arnold | ● | ● | ● | ■ | ● | - | - | - |
| West Coast Arnold | ● | ● | ● | ■ | - | - | - | ■ |

## Yolk Favorites

| Menu Item | Egg | Dairy | Wheat | Soy | Fish | Shellfish | Tree Nuts | Sesame |
|---|---|---|---|---|---|---|---|---|
| The Toasted Yolk | ● | ■ | ● | ■ | - | - | - | - |
| Shrimp & Grits | - | ● | - | ■ | - | ● | - | - |
| Sunrise Protein Crunch | ■ | ● | ● | ■ | - | - | - | - |
| Avocado Toast | ● | ■ | ● | ■ | - | - | - | ■ |
| Garden Breakfast Bowl | - | - | ● | ■ | - | - | - | ■ |
| Southwest Breakfast Bowl | ● | - | ● | ■ | - | - | - | ■ |

## Morning Classics

| Menu Item | Egg | Dairy | Wheat | Soy | Fish | Shellfish | Tree Nuts | Sesame |
|---|---|---|---|---|---|---|---|---|
| Breakfast Burrito | ● | ● | ● | ■ | - | - | - | ■ |
| Breakfast Quesadilla | ● | ● | ● | ■ | - | - | - | ■ |
| Ham & Eggs | ● | ● | ● | ■ | - | - | - | - |
| Pork Chop Breakfast | ● | ● | ● | ■ | - | - | - | - |
| Two Eggs Breakfast Deluxe | ● | ● | ● | ■ | - | - | - | - |
| Yolk Lovers Breakfast | ● | ● | ● | ■ | - | - | - | - |
| Yolkwich | ● | ● | ● | ■ | - | - | - | - |
| Hot Honey Chicken Biscuit | ● | ● | ● | ■ | - | - | - | - |
| Biscuit & Gravy with Eggs | ● | ● | ● | ■ | - | - | - | - |

## Omelettes & Scrambles

| Menu Item | Egg | Dairy | Wheat | Soy | Fish | Shellfish | Tree Nuts | Sesame |
|---|---|---|---|---|---|---|---|---|
| Double Decker Omelette | ● | ● | - | ■ | - | - | - | - |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| Rocky Mountain Omelette | ● | ● | - | ■ | - | - | - | - |
| Cali Fresh Omelette | ● | ● | - | ■ | - | - | - | - |
| Handcrafted Omelette | ● | ● | - | ■ | - | - | - | - |
| Vegetable Scramble | ● | ● | - | ■ | - | - | - | - |
| Cowboy Scramble | ● | ● | ● | ■ | - | - | - | - |
| Brisket Scramble | ● | ● | - | ■ | - | - | - | - |

## Brunch Indulgences

| Menu Item | Egg | Dairy | Wheat | Soy | Fish | Shellfish | Tree Nuts | Sesame |
|---|---|---|---|---|---|---|---|---|
| French Toast | ● | ● | ● | ■ | - | - | - | - |
| Croissant Roll French Toast | ● | ● | ● | ■ | - | - | - | - |
| Belgian Waffle | ■ | ■ | ● | ■ | - | - | - | - |
| Buttermilk Pancakes | ■ | ■ | ● | ■ | - | - | - | - |
| French Toast Sticks | ● | ● | ● | ■ | - | - | - | - |
| Blueberry Donuts | ■ | ■ | ● | ■ | - | - | - | - |
| Churro Style Donuts | ■ | ■ | ● | ■ | - | - | - | - |
| Nashville Hot Chicken & Waffles | ■ | ● | ● | ■ | - | - | - | - |

## Salads & Sandwiches

| Menu Item | Egg | Dairy | Wheat | Soy | Fish | Shellfish | Tree Nuts | Sesame |
|---|---|---|---|---|---|---|---|---|
| Southern Fried Chicken Salad | ● | ● | ● | ■ | - | - | - | - |
| House Made Chicken Salad | ● | ● | ● | ■ | - | - | ● | - |
| Salmon Salad | - | ■ | - | ■ | ● | - | - | ■ |
| Greek Salad | - | ● | - | ■ | - | - | - | ■ |
| Cobb Salad | ● | ● | ● | ■ | - | - | - | - |
| Strawberry Field Salad | - | ● | - | ■ | - | - | ● | - |
| Club Sandwich | ● | ● | ● | ■ | - | - | - | - |
| California Club | ■ | ● | ● | ■ | - | - | - | - |
| BLT | ● | - | ● | ■ | - | - | - | - |
| Reuben | ● | ● | ● | ■ | - | - | - | - |
| Fried Chicken Sandwich | ● | ● | ● | ■ | - | - | - | ■ |
| Yolk Burger | ■ | ■ | ● | ■ | - | - | - | ■ |

## Shareables & Sides

| Menu Item | Egg | Dairy | Wheat | Soy | Fish | Shellfish | Tree Nuts | Sesame |
|---|---|---|---|---|---|---|---|---|
| Fried Banana Peppers | ● | ● | ● | ■ | - | - | - | ■ |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| Cheese Grits | - | ● | - | ■ | - | - | - | - |
| Grits | - | - | - | - | - | - | - | - |
| Hashbrown Casserole | - | ● | ■ | ■ | - | - | - | - |
| Biscuit | ■ | ■ | ● | ■ | - | - | - | - |
| English Muffin | - | - | ● | ■ | - | - | - | - |